Make it a Valentine’s Day with a Difference

Transition Cambridge has lots of ideas on how to celebrate Valentine’s Day with a difference this year – eco-friendly Valentine’s gifts that care for our planet while saving money too.

Instead of expensive gifts, why not try making presents yourself? Heart shaped, home-made chocolates, or a bouquet of roses made from recycled coke cans – they’re easy and fun to make, and are very personal ways to show how much you care.

Or what about a romantic dinner for two, with heart-shaped macaroni made from local ingredients, and tomato-roses in the salad, perhaps followed by a starlit walk.

Or you could write a love poem – Transition’s Valentine’s page links through to a page full of useful hints and tips on how to start for those of us who’s poetic talent is yet to be discovered.

Herbs have romantic meanings, and can bring a romantic touch to your Valentine’s Day. Thyme and Rosemary are always available and a few sprays sewn into a cotton sachet would make a special gift.

A really heartfelt gift would be that of your time and effort to arrange something to do together. You could send a card inviting your valentine to join you for a special trip saying something like, “Be ready for a surprise at 9am on Saturday dressed for a day out”. Then arrange to take them to their favourite place, or perhaps on a new experience they have not tried before. Your time and thought to do something just for them is the best present.

For more ideas, have a look at Transition Cambridge’s Valentine’s day web-site http://www.transitioncambridge.org/eco-friendly-valentines

Transition Cambridge is part of the Transition Network. The Transition movement works at the level of local communities to respond to the challenges of rising energy prices and a changing climate. It deals with the big question of what we can do to become more resilient in the face of climate change and peak oil. Transition Cambridge projects include Cambake (a community owned bakery), Cropshare (a chance to become an organic farmer for a day), Renewable Energy forums, the Garden Share project, and Romsey Community Garden.

For more on Transition Cambridge see www.transitioncambridge.org

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