GRAM FLOUR FACE MASK

INGREDIENTS

1/4 cup of gram flour
Warm water

INSTRUCTIONS

1. Put the gram flour in a ramekin.
2. Add warm water little at a time to make a paste.
3. Apply evenly to face, avoiding nostrils, eyes and lips.
4. Leave for 20-30 minutes, then wash off with warm water.

Preparation Time: 5 min
Total Time: 5 min
Source: Family Recipe (Arkachari)