



OLIVE OIL MASK FOR HAIR

INGREDIENTS

30-50 ml refined olive oil

INSTRUCTIONS

1. Heat olive oil in the microwave/on the cooker for a very short time until warm, but not too hot to touch.
2. Apply to hair and scalp, working through to the ends.
3. Leave for at least half an hour, then shampoo out.



Preparation Time: 1 min

Total Time: 1 min

Source: Family Recipe (Arkachari)